

Information for the Client

Dear Client,

It is our wish to offer you the best possible support in your personal challenges in consulting, coaching and spiritual healing.

We - The United Mystic Healers from our Sura Academy follow the high spiritual ideal to serve in the name of Divine Light, Love and Compassion.

This high quality approach requires your understanding of the main aspects of change and healing processes and your commitment for success and lasting results.

So let me invite you to check the main points for your success:

The hidden message

Problems, challenges and diseases have a message for you. They contain a call to become active as something in your life is not in balance. The longer you ignore the call the louder it becomes. It is the call of fate to change something and to get back into balance.

This means one of the first points in the healing process is to understand the message, to understand what is in imbalance, what is the aim and how can you accomplish to reach your aim, the state of balance.

Here the anamnesis and the consulting will help. It is the process of raising your awareness for your situation.

The hidden gift

Every problem, challenge or disease contains also a hidden gift. This gift is very precious. It is the chance to grow beyond your present nature, your present powers and abilities, beyond your present comfort zone. Growing, becoming wiser, stronger, more successful, happier, etc. is what life is really about as life is full of challenges, every day. So ask yourself how you look like after managing your challenge. Ask yourself what will have changed and what you will have gained by mastering your problems. You will be a true hero, a winner and you will enjoy your life in better conditions!

It is very important and helps a lot when you understand your problem as a chance to grow and to balance things to reach a higher level of power and happiness than before. You are not a victim, quite the contrary you are the hero who faces his challenge to be successful and celebrated in the end.

The path of the Hero, - your path

So by now you have learned that you are not the victim but that you are the hero facing his challenge. And we as spiritual healers and consultants will support you in your challenge and on your path to success. Indeed it is a journey which takes its time, effort and several milestones until the destination is reached.

The **first thing** you do as the hero of your life is to become completely aware of your situation, of causes and effects, symptoms, of all the connections and factors and certainly of your des-

tionation, your aim. We will help you here to understand everything as good and comprehensive as possible. When you know where you come from, then you understand why you experience your present challenges and you also know where you will go to. So your path is understood and defined and then you can take your journey.

The **second thing** you do is to dissolve all the blockades which have made it hard to progress. This is a matter of observing your thoughts, your emotions and behavior, also your bad experiences of the past. In a big cleaning process you get rid step by step of all these burdens, traumas and not useful patterns of behavior.

Now you are liberated from the heaviness of the past, from all what has been blocking you from progress, success and happiness.

The **third thing** you do as a hero is to vitalize yourself, to empower yourself, to activate all your resources to be strong and able to face your challenges with success. So you increase your vitality, you activate all self-healing processes, you increase your level of personal power, you enrich yourself with the necessary knowledge and abilities to progress on your path.

And then you are ready to go. So the **fourth thing** is to walk the path consciously in small and feasible steps, milestone for milestone with the certainty that one day you will reach your destination.

In all these steps you can receive our support, guidance, empowerment, etc. This is up to you how much support you want to receive, how much you need for good progress.

The **fifth thing** on the path is that you understand that the path is not straight but consists of curves, of hills and valleys, of good times and hard times. The hero is challenged. But you as the hero are meant to be successful. All the power lies in you! And this is what you have to experience, - that you are in fact the master of your life, the master of your destiny!

Challenges, problems, healing are always connected to grow in the mastery of life, to become more powerful, self-confident, to go beyond the personal limitations, to take self-responsibility and to develop new characteristics.

But again,- you also must learn that you are not alone, never alone, quite the contrary the whole spiritual hierarchy is watching you, wishing you full success and good fortune! And we are also available to guide and accompany you on your journey. No one walks alone! Never!

Homework for your success

As we have explained already, you are the hero of your life, even if you haven't been aware of this fact so far. And all consultants, coaches, healers, etc. can only take a supportive role. The main keyword is empowerment. We are here to empower you so that you can win your challenge. But again this empowerment is also only of a supportive character. Even when we give you healing sessions, we just help you to heal yourself. So indeed most of the work is done by you and must be done by you as no one can take over your fate, your tasks, duties and challenges.

So the overall sense of life and of every challenge is to grow and to master your life in a good way. In different words this simply means personal development and spiritual training.

Therefore it is wise to offer you simple spiritual exercises which help you to dissolve blockades, to empower and to heal you. Such exercises are described in my Spiritual Resurrection Training.

Then there are further exercises to develop the abilities and qualities you need for making progress on your path. This can be exercises of autohypnosis/meditation to set new positive ideas and feelings in your mind and soul, replacing negative patterns. This can be studies in communication, research in managing tasks, exercises in understanding your relationships,

karma, past lives, etc. but also things like a useful way of nourishment and physical training to sustain your health.

In conclusion it is most important and lawful to take the holistic approach, to face your challenge from all perspectives for the most efficient and best way to make progress.

One important tool is also the use of homeopathic remedies which are natural and powerful in bringing positive changes.

In conclusion

We focus together on a realistic and holistic approach to help you managing your problems and challenges. Only this way is lawful and offers lasting, good results. We accompany, guide and support you on your personal path of mastery. In your life you are the hero and you are meant to grow in power, love and wisdom to take your challenges successfully.

In Germany we have a saying "If you help yourself, God will help you!" This means all powers, skills and qualities are already within you to manage your challenges. You just need to activate them. And when you take the challenge like a hero, then you get the full support and blessings of the spiritual hierarchy. And then – regarding all these aspects – things will work out for you. Progress becomes possible. Trust yourself as God trusts in you!

Surround yourself with love and light!

Become love and light!

Express love and light!

Make the darkness vanish!

In love, light and service,

Ray del Sole

Head of the United Mystic Healers

Founder of the Sura Academy